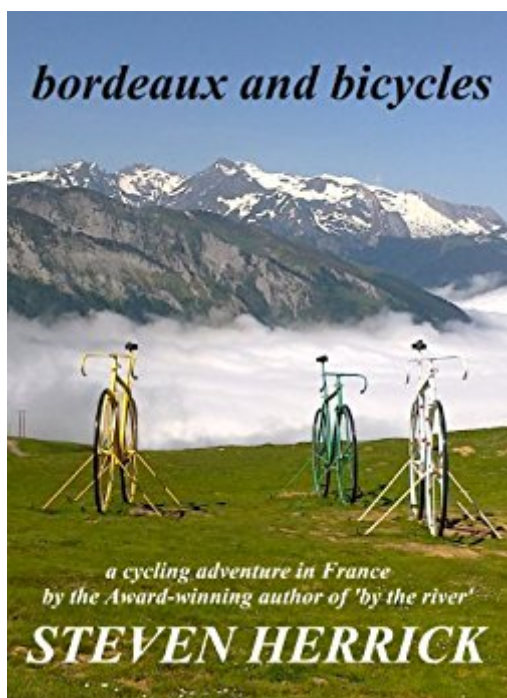


The book was found

Bordeaux And Bicycles (Eurovelo Series Book 2)



Synopsis

Award-winning author Steven Herrick journeys across south-western France from the Atlantic Ocean to the Mediterranean Sea on a bicycle, following the canals and rivers and sampling the delights of the region. Accompanied by his wife, Cathie and their two hardy bikes christened Jenny and Craig, this is a whimsical adventure beside the iconic Canal des deux Mers, through small villages and along quiet back roads. Spending almost as much time in restaurants and cafes as in the saddle, the author explores the pleasures and pathways of a region renown for history, food and wine and natural wonders. From croissants, cake and confit de canard to bordeaux, beer and bicycles, Steven Herrick never loses sight of his life's mantra, 'cycling is just an interlude between meals.' The author also tackles some of the legendary mountain climbs of the Pyrenees including Col du Tourmalet and Col d'Aubisque, in search of cycling heaven ... and a perfect excuse to eat more cheese. 'bordeaux and bicycles' is a canal adventure, a restaurant safari and a handbook for those who enjoy slow food, easy cycling and grassroots travel.

REVIEWS for 'bordeaux and bicycles': 'This book would be great for the armchair traveller and food lover, but will also leave the amateur cyclist thinking about stretching their lycra and having a real cycling adventure. I've got my map out already.' .co.uk review 'I really enjoyed being transported back to one of my favourite countries, France and the author makes you feel you are there. It is a gentle and humorous book and I look forward to his next adventure!' .co.uk review 'An enjoyable read. Herrick writes with humour and affection about the people he meets and the countryside through which he travels. The pace is leisurely and the emphasis is on slow food and quiet back roads. I was very impressed with the final chapters where the author successfully attempts to cycle up a few Pyrenees mountains.' .com review 'I felt like I was on a bike with him on this trip!' .com review

Book Information

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Customer Reviews

An enjoyable read. Herrick writes with humour and affection about the people he meets and the countryside through which he travels. The pace is leisurely and the emphasis is on slow food and quiet back roads. I was very impressed with the final chapters where the author successfully attempts to cycle up a few Pyrenees mountains. As he says, it's not about the speed or strength, but the quiet enjoyment of the spectacular scenery. Highly recommended.

Nice overview of the canals around Toulouse, France via bicycle. There are good descriptions of the towns, restaurants and small hotels. I will refer to it on an upcoming trip there.

Steven does a great job of describing his EuroVelo rides, making it a fun read. And the book is also a good "how to" for anyone thinking about doing the ride or just part of it.

I was looking for something more practical. I did not like the writing style; others will think differently!

Plot: I rode my bike, I ate. Don't expect to learn much about what it's like to tour in France or to be entertained by interesting stories. Maybe the second half is better. I wouldn't know.

An inspiring read that made me want to fly to France and begin my own food-filled cycling adventure. Honest, humble and entertaining. A book for foodies, Francophiles and cyclists.

Fantastic book. The information on all the accommodation, food and the excitement of the riding down on the Canals and up in the Pyrenees. Many thanks for another wonderful book. Cant wait for the next

In this, his second book about cycling in France (see here for book one baguettes and bicycles: a cycling adventure across France (Eurovelo Series: Book 1)), Steven and his bike Craig are joined by his wife Cathie and her bike named Jenny. Their journey starts in Arcachon on the Atlantic coast and they cycle to the Mediterranean following the canals and waterways, eating and staying in out of the way villages. You can tell from his writing that having Cathie with him made a great trip even better and he certainly got lost far fewer times with her in charge of the directions to the B&B's. Once they completed their journey they took a car to the Pyrenees where Cathie sensibly let Steven do a spot of col climbing on a hired bike. He is keen to reinforce his belief that cycling up mountains isn't about testosterone and thigh muscles it's about taking the time to see the scenery, a very sensible attitude. There is plenty of good food chatter, humour (did I mention he talks to his bike?) and practical information included too. I spent a few happy days in this reasonably priced book and I hope Steven and Cathie come back to France again soon. This book would be great for the armchair traveller and food lover, but will also leave the amateur cyclist thinking about stretching their lycra and having a real cycling adventure. I've got my map out already. I was sent a copy of this book by the author.

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